

Calm G

Contains a blend of ingredients important for balancing glutamate activity, stress-reduction, metabolic health, and mitochondrial function*

Item Number	Available Sizes	Serving Size
20004	90 Capsules	2 Capsules

Key Ingredients

L-methionine	<ul style="list-style-type: none"> ■ Precursor to L-cysteine, the rate-limiting amino acid required for glutathione synthesis¹
L-cysteine	<ul style="list-style-type: none"> ■ L-cysteine is the rate-limiting amino acid required for glutathione²
L-theanine	<ul style="list-style-type: none"> ■ Amino acid that acts as a glutamate receptor antagonist^{3*} ■ Glutamatergic signaling underlies mechanisms related to anxiousness and stress⁴ ■ L-theanine has been shown to reduce stress^{5*}
Alpha-lipoic acid	<ul style="list-style-type: none"> ■ Antioxidant that is able to regenerate endogenous antioxidants and scavenge metal ions and free radicals^{6*} ■ Alpha-lipoic acid can influence the redox status in cells important for the optimal translocation of glucose transporters and increasing glucose uptake^{6*}
Coenzyme Q10	<ul style="list-style-type: none"> ■ Compound found in nearly every human cell that is essential for mitochondrial function and antioxidant protection^{7*}

*Magnafolate is a registered trademark of Lianyungang Jinkang Pharmaceutical Technology Co., Ltd.



Supplement Facts		
Serving Size: 2 Capsules		
Servings Per Container: 45		
Amount Per Serving	% Daily Value	
Folate (as L-5-methyltetrahydrofolate, calcium salt)	272 mcg DFE	68%
Selenium (from L-selenomethionine)	70 mcg	127%
Proprietary Blend	1.1 g	†
L-cysteine, Alpha-lipoic acid, L-theanine, Coenzyme Q10, and L-methionine.		
† Daily Value not established.		

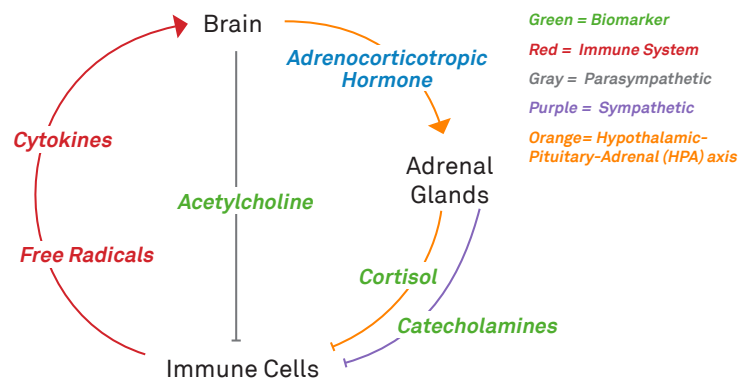
Other ingredients: Vegetable capsule (hypromellose, water), microcrystalline cellulose, magnesium stearate (vegetable source), silica, and dicalcium phosphate.

Distributed by:
NeuroScience®
www.neuroscienceinc.com
Osceola, WI 54020
+1-888-342-7272
L20041028.14

The Science

- The sympathetic and parasympathetic nervous systems work together with the immune system to **regulate the immune response**⁸
- **Oxidative stress** is directly linked to immune activation and can damage proteins, lipids, and DNA⁹
- Immune activation can lead to imbalances in these systems and can contribute to symptoms such as fatigue, **low mood**, and **sleep difficulties**^{8,10-12}

NeuroImmune Response



1. Minich D and Brown B. *Nutrients*. 2019;11(9):2073.
2. Schmitt B, et al. *Redox Biol*. 2015;6:198-205.
3. Kakuda T, et al. *Biosci Biotechnol Biochem*. 2002;66(12):2683-6.
4. Bermudo-Soriano C, et al. *Pharmacol Biochem Behav*. 2012;100(4):752-74.
5. Kimura K, et al. *Biol Psychol*. 2007;74(1):39-45.
6. Rochette L, et al. *Can J Physiol Pharmacol*. 2015;93(12):1021-7.
7. Garrido-Maraver J, et al. *Front Biosci (Landmark Ed)*. 2014;19:619-33.
8. Pongratz G and Straub R. *Arthritis Res Ther*. 2014;16:504.
9. Kasperczyk S, et al. *Toxicol Appl Pharmacol*. 2014;280(1):36-41.
10. Spindler M, et al. *Neuropsychiatr Disease Treatment*. 2009;5:597-610.
11. Rochette L, et al. *Can J Physiol Pharmacol*. 2015;93(12):1021-7.
12. Liu X, et al. *Restor Neurol Neurosci*. 2013;31(2):109-23.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.