

	Suggested Use	Morning	Afternoon	Bedtime
<b>Catecholamine</b>				
■ <b>AttenTrex</b>	1-2 tablets daily for ages 4-8 years, up to 4 times daily for >18 years			
■ <b>Balance D</b>	1-2 capsules, 1-2 times daily			
■ <b>Daxitrol Essential</b>	1-3 capsules, 3 times daily			
■ <b>Focus DL</b>	1-2 capsules, 1-2 times daily			
<b>NeuroAdrenal</b>				
■ <b>AdreCor</b>	1-3 capsules, 1-2 times daily			
■ <b>AdreCor with Licorice Root</b>	1-3 capsules, 1-2 times daily			
■ <b>AdreCor with SAME</b>	1 capsule, 1-2 times daily			
■ <b>Calm CP</b>	2 capsules, 1-2 times daily			
■ <b>Calm PRT</b>	3-4 capsules on an empty stomach, 1-2 times daily			
■ <b>ExcitaPlus</b>	1-2 capsules, 1-2 times daily			
<b>NeuroEnteric</b>				
■ <b>Digest DTX</b>	1 capsule, before consuming food			
■ <b>NeuroBiota</b>	1 capsule, once daily			
<b>NeuroImmune</b>				
■ <b>Avipaxin</b>	1-3 capsules, 1-2 times daily			
■ <b>Calm G</b>	1-2 capsules, 3-4 times daily			
■ <b>ImmuWell</b>	1-3 capsules, 1-2 times daily			
■ <b>Kavinace OS</b>	2 Capsules, at bedtime			
<b>Serotonin/GABA</b>				
■ <b>Alpha GABA</b>	2-3 capsules, up to 2 times daily			
■ <b>Alpha GABA PM</b>	1-2 capsules, at bedtime			
■ <b>GABA Trex</b>	1-2 tablets, up to 3 times daily			
■ <b>Serene</b>	1 capsule, 1-2 times daily			
■ <b>SeroTrex</b>	1-2 tablets, up to 2 times daily			
■ <b>TravaCor</b>	1-3 capsules, 1-2 times daily			
■ <b>TravaGen</b>	1-3 capsules, 1-2 times daily			

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Ask your healthcare provider for more information about these products.